

Questionnaire for Camper with Asthma

Campers Name _____

Date camper is coming to camp _____ Session # _____

Date of Interview _____

About Triggers

What triggers camper's asthma?

- Exercise Fatigue Dehydration Stress Food item _____
 Smoke Respiratory infections/common cold
 Allergen _____
 Other _____

Using a Peak Flow Meter

We recommend using peak flow meter as a way to monitor camper's asthma and note signs of a potential flare before it is well-established.

When does this camper take peak flow readings?

- Breakfast Lunch Supper Bedtime Other _____

Routine peak flow reading for camper (Green range) _____

Caution range (Yellow) _____ Danger range (Red) _____

What is done if the peak flow reading drops to the caution/yellow range? _____

What is done if peak flow reading drops to the danger range (Red) _____

About Medications

These medications are used daily to manage camper's asthma.

<u>Medication Name</u>	<u>Dose</u>	<u>When</u>	<u>Reason for Using This Med</u>
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_____	_____	_____	_____
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_____	_____	_____	_____
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_____	_____	_____	_____
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These medications are taken "as needed" to prevent an asthma flare.

<u>Medication Name</u>	<u>Dose</u>	<u>When</u>	<u>Reason for Using This Med</u>
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_____	_____	_____	_____
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_____	_____	_____	_____
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These medications are used when asthma flares

<u>Medication Name</u>	<u>Dose</u>	<u>When</u>	<u>Reason for Using This Med</u>
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_____	_____	_____	_____
_____	_____	_____	_____

Nebulizer Treatment and Use

Will your camper bring a nebulizer to camp? ()yes ()no

If yes, does your camper know when they need to use their nebulizer? ()yes ()no

What medication is used via nebulizer? _____

At what point should we notify someone about an asthma flare and who should be told?

_____.

Name and phone: _____

Name and phone: _____

At what point should camper be taken to a physician/emergency room?

_____.

_____.

What additional information would you like us to know?